

## **CLIENT DISCLOSURE FORM:**

### **What REIKI is:**

Reiki is a form of complementary medicine, which enhances the body's ability to heal itself. Reiki also induces a meditational state for deep relaxation.

### **What Reiki is NOT:**

Your practitioner is not a licensed physician. REIKI is a complement to 'healing arts services licensed by the state', ie, it is a complement to more traditional western medicine provided by doctors, nurses and hospitals. As a complementary or alternative medicine, REIKI does not require licensing by the state. I understand very clearly that a Reiki session is not a substitute for medical, or psychological diagnosis, and treatment. I also understand that it is not massage therapy.

I understand that Reiki practitioners do not diagnose conditions, nor do they prescribe substances, nor interfere with the treatment of a licensed medical professional. It is recommended that I see a licensed physician, or licensed health care professional for any physical or psychological ailment that I may have.

**Reiki & Distant Reiki Sessions:** The client lies down fully clothed. The practitioner(s) place their hands above or lightly on the body and allow the REIKI to radiate from the hands. Distant Reiki is given remotely and does not require the hands-on approach.

### **Theory of Treatment:**

Stress, trauma and illness restrict the natural flow of Ki life force energy through the body. By restoring Ki to the body, Reiki rejuvenates the bodies ability to relax and de-stress, and supports its ability to heal itself. In addition to the practitioner radiating the Reiki energy through their hands, sessions may involve the practitioners sweeping their hands above the body in various ways, or incorporating other holistic modalities to break up energy blocks.

### **Brigitte Mulholland Qualifications:**

I have been practicing Reiki since January, 2014. I am a Certified Reiki Master Teacher qualified to practice Reiki. I have been trained and certified by a Professional member of the International House of Reiki. I value Reiki as a process of personal growth, spiritual transformation, self-exploration and I am committed to helping you tap into your own process

to facilitate therapeutic results at various levels. I am committed to life long learning and continue to attend workshops and other holistic modalities in order to expand my knowledge base and skills.

Client Acknowledgment (Will be kept on file for 3 years)

I have been provided with a copy of the above document, in accordance with California state law SB 577:

Client Name: \_\_\_\_\_

Date: \_\_\_\_\_

Client Signature \_\_\_\_\_